Lower urinary tract symptoms (LUTS)

Referral framework

phn WESTERN NSW
An Australian Government Initiative

NSW GOVERNMENT | Health Western NSW Local Health District

All referral letters will be triaged by Dr Bala Indrajit

Complete information provided on referral letters will facilitate appropriate triage and allocation of appointments. Incomplete information may lead to delayed appointments.

If there are more immediate concerns, please phone 6881 6715 to speak with a urologist.

Send referral…

Via Argus to 596055@argus.net.au.

If unable to access Argus, please fax to 6881 6810.

Indications for specialist referral

- Symptoms impacting on patient's quality of life

Referral information required

- History of *storage symptoms*:
- urinary frequency, urgency, nocturia
- History of *voiding symptoms*:
- hesitancy, poor stream, terminal dribbling, sense of incomplete emptying
- History of **complications from LUTS**:
- UTI, haematuria, urinary retention
- Treatment provided to date:
- medications, previous operations

Investigations required

- MSU
- EUC
- PSA
- Ultrasound renal tract

Initial management

- Consider trial of oral medications prior to referral: alpha blockers, 5-alpha reductase inhibitors
- Pain relief: indomethacin
- Antibiotics if clinical suspicion of urinary tract infection (commence antibiotics after taking samples of MSU)

'Red Flag' items

- Urinary retention
- Haematuria

How to access care in the event of a 'red flag'

Phone 6881 6715 to speak with a urologist